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What is Sensory Processing?

Sue Stephenson Senior Occupational Therapist will be delivering training aimed at supporting parents to gain a greater understanding of their child/children's sensory difficulties. This training session will last one and a half hours and will take place between 10 30am and 12pm on Friday 10th November 2017.

The following areas will be covered in the training.

- 1) How do we know when our children have sensory difficulties and how can we tell the difference between behaviour caused by sensory processing difficulties and behaviour resulting from frustration, boredom or social communication difficulties?
- 2) How do the sensory systems of the body work and how do they contribute to effective behaviour management?
- 3) How are sleep patterns, toileting and eating effected by poor sensory integration?
- 4) We will discuss strategies designed to minimise the effects of sensory overload and activities that support emotional regulation reducing behaviour emanating from anxiety and stress.

This training will take place at Columbia Grange School.

Please complete reply slip below and return to school if you will be attending the training:

Child's name.....

I will be attending the sensory processing training at 10.30 on Friday 10th November

Signed.....